

LANDSCAPES OF MEMORY

The year 2026 marks a profound sense of homecoming for artist Boguslawa Bryska. Following her recognition as a Finalist in the 77th International Artavita Art Contest, which entitles her to exhibit at the Art Fair International Zurich 2026 and the Online Light & Shadow Exhibition, her upward trajectory in the art world continues to gather momentum. Yet for Bryska, true success is not measured by accolades, but by the canvas's quiet power to connect deeply with the human soul.

Every artist encounters a defining moment, and for Bryska, that moment came in 2025 not as a setback, but as a powerful awakening. It was a turning point that cleared away distraction and revealed a simple, enduring truth: time is a gift, and the creative voice is one's lasting legacy. From this realization, her practice evolved into a devoted exploration of presence, where each palette-knife stroke becomes an act of healing and a dialogue between nature's serenity and the depth of human emotion.

Rooted in her Polish heritage and shaped by the moody, filtered light of her childhood, Bryska's work explores landscape as a metaphor for the journey of the spirit. Her oil paintings move beyond representation, becoming

vessels of memory, resilience, and introspection. In this interview, she reflects on navigating the delicate space between realism and abstraction, using light as a symbol of spiritual freedom, and inviting viewers to discover a place of stillness, reflection, and quiet belonging.



1) Your work is deeply rooted in landscape and emotion. How does your personal history influence the natural scenes you choose to paint?

My roots are deeply embedded in the textures of my hometown. Growing up surrounded by specific light, often soft, filtered, or moody, and the rhythmic changes of the seasons, I developed a sensitivity to melancholy and quietude. When I look at a scene today, I am subconsciously searching for that "soul" I recognized as a child.

2) You often describe landscape as a metaphor for life's journey. Can you share how this philosophy shapes specific pieces like "Middle of the Way" or "Remember"?

In my life, nature has always been the place where I process the intangible. I view my work as a dialogue between the tranquility of nature and the tumult of human emotion. I don't lean too far into pure realism or pure abstraction. I stay in the middle, where the landscape remains recognisable but is deeply imbued with the emotional currents of my journey.

"Remember" is more about that thin line between a vivid memory and the way it fades over time. I use the landscape as a vessel to hold onto fragments of my past, particularly my roots in Poland, while living in the present.

3) After a pivotal health crisis in 2025, you fully immersed yourself in your artistic practice. How did that turning point transform your creative voice?

Massively, I realized that creating is all I wanted to do; I can't push it off forever. Now is the time.

I wanted to leave a legacy and that art is part of who I am and what I want to do completely.

4) Your technique blends expressive palette knife textures with softer treatments of light and horizon. How do you decide when to emphasize bold texture versus subtle atmosphere?

It comes naturally. I can't explain it. It's the way I experience the world, how I see it and how I feel it.



Middle on the Way

5) Light and shadow play a central role in your compositions. What does light symbolize for you emotionally or spiritually?

Light is everything, it's symbolise life itself, spiritual world, emotional freedom.

6) Many of your works evoke memory and introspection. Do you begin with a specific memory in mind, or does the narrative emerge organically during the painting process?

It started with the road 'home.' As a wandering child of the past, I always deeply remember coming back home from house of friends, travel, journey it was the best feelings ever .This home not exist any more but it will be the light happy memory for me will be big part of who I am.

7) You work primarily in oil and mixed media. What draws you to these materials, and how do they support the emotional depth in your landscapes?

I worked on Acrylic previously and oils given me more control to create best light effect on canavas,I can manipulate it better to create best result satisfy my vision.

8) Being selected for international exhibitions such as the Online Light & Shadow Exhibition 2026 and Art Fair International Zurich is a major achievement. How has international recognition influenced your confidence or direction as an artist?

I am very grateful for being noticed. It has changed everything, really; it's pushing me further, give me more confidence and hopes.



Into The Warmth Of The Light

9) Your pieces often balance tranquility with underlying intensity. Is this contrast intentional, and does it reflect aspects of your personal journey?

It's pure emotion and feelings, like I am just a tool and my feelings take over to create art. And its visible on a paint when I was more calmer and with a whole bunch of emotions take over my head.

10) What do you hope viewers feel or discover about themselves when standing in front of one of your paintings?

I hope viewers will find connections to themselves, that they can identify with my art in their personal way and through their own experience.

I would be happy if they just take a deep breath and pause for a moment in front of my painting - or longer :)

11) Looking ahead, are there any new themes, techniques, or "dream projects" you wish to explore? What are your greatest wishes for your artistic journey in the coming years?

I'm dreaming of a legacy where my work "comes to life" for others, or my style influencing a whole generation. Being noticed by collectors and big galleries. Hoping to make a living from art. And of course, every artist dreams of being a famous artist and leaving a legacy.



New Beginning

Bogusława Bryska

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